



Mary Beth Heller, Ph.D., is the Clinic Director for the Center for Psychological Services and Development at Virginia Commonwealth University, the training clinic for VCU's doctoral programs in Clinical and Counseling Psychology. She supervises pre-intern doctoral students in psychological and psychoeducational assessment across the age span, as well as child and adolescent psychotherapy. At VCU she has taught Advanced Psychoeducational Assessment and co-facilitated an Assessment Journal Club. Dr. Heller has served as invited lecturer at the Institute for Special Education Advocacy (ISEA), William & Mary Law School (Special Education Advocacy Clinic and Lewis B. Puller, Jr. Veterans Benefits Clinic), and numerous graduate courses in VCU's Psychology Department. She co-developed the curriculum and provided training for the Richmond Fire Department's Peer-to-Peer Support Team. Dr. Heller maintains a small private practice, providing assessment and psychotherapy for children, adolescents and adults.

Dr. Heller's professional career began as a School Psychologist. After over a decade in Virginia's public school systems, Dr. Heller returned to graduate school and retrained as a Clinical Psychologist. She earned her Ed.S. in School Psychology at James Madison University and her Ph.D. in Clinical Psychology at the University of Virginia's Curry School of Education. Dr. Heller completed her internship and post-doctoral fellowship at Virginia Treatment Center for Children, VCU Health's residential and outpatient psychiatric hospital in Richmond, Virginia. Prior to becoming CPSD's Clinic Director, Dr. Heller worked in private practice.

Dr. Heller has served in various roles as Board Member for the Virginia Academy of School Psychology and the Virginia Academy of Clinical Psychologists. She is actively involved in the Association of Psychology Training Clinics, where she co-chaired their Assessment Working Group and is current Chair of the New Directors Support committee.

Dr. Heller's spare time is spent gardening, reading, and visiting her two adult daughters.